

6-2-2025

Abstraction upon abstraction. To be able to create anything I can dream up now is the time to act and create. And when you put it like that all the ideas or good ones feel like they run away.

6-3-2025

My engine, cerebral cortex is running on multiple efficiency
Vroom. All the thoughts. All the people I've seen, all
the memories, all the contacts. The layers of abstraction,
all the thinking, all the doing and action and motion from
one to the next applying flow to all and flying in many
directions all at once. And to only go faster to more, learn
more, try more, everything more. Is meta another
word meaning abstraction. Is my writing an abstraction? Am I
an abstraction or abstract. Is concreteness the opposite of the
abstract. From the abstract form the concrete. It has been
awhile since I've just coasted along these lines, drifting across
occasionally meandering. Constantly having a little tabby cat
interrupting. But he is adorable. And I will get all his
little nails. They are sharp! Yes let's just work on getting
these letters lined up again. Doesn't anyone care about penmanship
or is that no longer a concern. Will see if I can get the
foundation model firm enough to accurately decipher my
scribbles of drivel.

6-4-2018

Next I shall test adding freewriting sessions to the 10 minutes of lead time during a long reflector. It is hard to find any spare time when working with fairly high performing assistants. And yet so much orchestration and directing must be done. The more that is attempted the more you have to take on and see through. It's mining another kind of gold and the work is damned hard but definitely worth pursuing and getting better at. And it is all in my control. That experience where I focus and what I do. Sometimes it is good to dive in but you always have to come up for air and refind balance. Both within the work, the learning and the living. So right now a good way to increase balance is just to do more. Round yourself out more. use your time, every minute wisely and with deep thought to it the action in increasing balance and if not keep or reason for being a more immediate priority. Things like overall health, diet and exercise cannot be shelved aside.