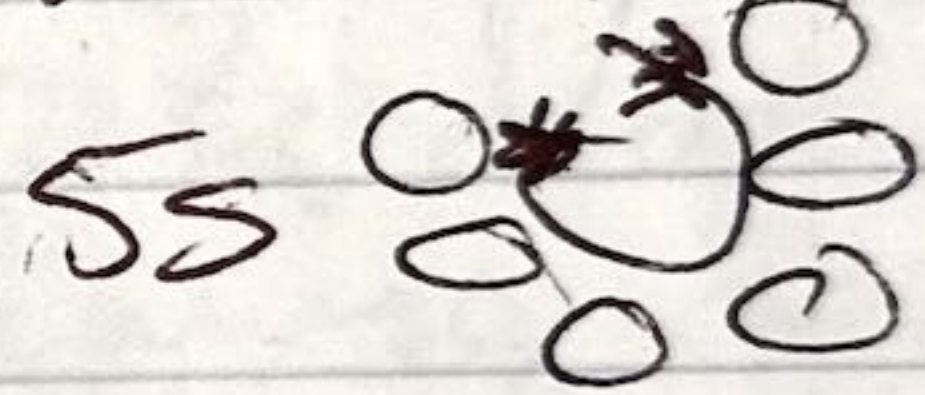
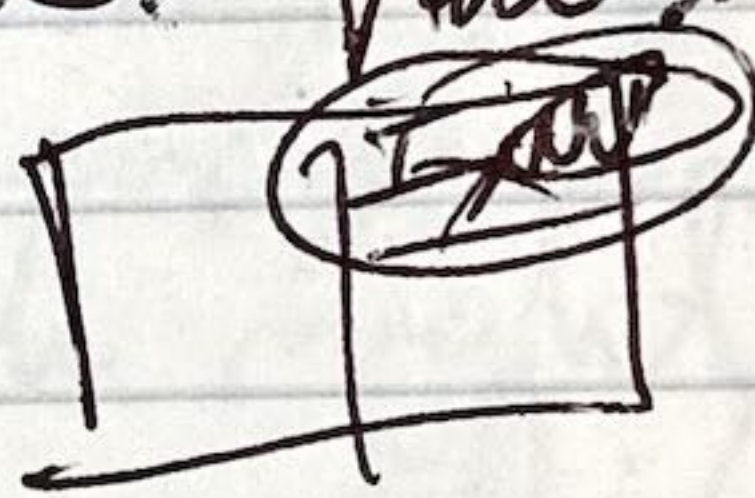


1-8-2025

To be witty again my mind can hardly keep up with the thoughts flying across my processor and this is a nice way to download. There are some practical matters at hand. And for me the post-practical having to do with my willay. Now that much of my financial near term studies has been handled I have to continue to safeguard for what is to come and what I cannot prepare or ever imagine for. Through trying and doing the things I dreamed of and I only began what once more. Sometimes I feel I drift between being in balance with how I want to spend my time and trying to forget that while also going through some change or transition. I meant to say getting stuck in the day to day and attempting to do the big picture over say or something.

similar process of revisiting things. And that
is precisely what I liked about my natural rhythm
teacher app is that nature helps enforce the
circle - the cyclical nature and is part of the
continuous improvement. This makes me think
of SS and if we think of time as the measuring
value for the process you have to figure out
how to divide things up and when to start over
so let's say you get 4 things a year for something
great. Or maybe to lead up to something
really big and great. But nothing that
same you've got to also build in room for the
regular and routine. The important and not
urgent especially.



During my paper tiger came up today. Had to
see what that even meant and it seems it
has to do with some ancient Chinese proverb
of an ineffectual threat. There is something soothing about
this my on paper process. Both grasping the genuine
nature of what is being created and the genuineness
of the connection with self, or another human
entity. Of also being able to have full thoughts
that potentially are space renewed or judged
but merely recorded, for processing or as
a creative way to handle mental energy.
I can feel, see, tell there are many parallel
thoughts that have been waiting to come out
related to some of the bigger themes

I've been hairy and I've probably been sad about missing out on both the safe release and creative joy I have with my freewriting. And it is also the practice upon which my professional and personal writing will improve which I will give to others and as my way of staying in genuine connection with someone. When you write it both happens at a specific time capturing your state and is imbued with whatever words are used to also convey the prompt to write. The act of creation are some of the most beautiful things we can do especially when removing self from the get and letting the work or outcome be beautiful on its own. Capturing that which might otherwise never have been thought. Pure creativity. The line drawing itself. Word writing itself. Meaning becoming action and action phrasing no meaning. Also the physical contact of something that interacts with the synapses and as an loop they simplify the better to get into that raw capturing mode. Start moving for good. Hope to do the work only way or another and no idea what some might feel. Don't live boring. Make the risks known. Prepare for the worst. Make things as comfortable as possible. Go into the moment. Let the breath be the guide. Don't take control.

